

## COMMUNITY NEWS

**Abbey and Coleridge Action for Youth** (AaCAfY) have received good news - awarded over £9,000 pounds from the National Lottery 'Awards for All' scheme to run a year-long music project with producers Ghettoise starting soon. For more information contact Keith.

### Training Courses

'Abbey People' have been awarded a grant by Cambridge City Council to help finance a First Aid course and a Food Hygiene course. The details are currently being finalised, but if you are interested contact either Keith or Stuart (details elsewhere in this newsletter).

Have you signed Abbey People's **Citi-3 Stagecoach Petition** yet regarding the changes to the route around Abbey?

Available in all community buildings—more information from Keith.

### How to find out about Abbey events and activities

**Abbey People Website:** [www.abbeypeople.org.uk](http://www.abbeypeople.org.uk)

Send reports and photos to [web@abbeypeople.org.uk](mailto:web@abbeypeople.org.uk)

**Facebook:** check out and *Like* 'Abbey in Cambridge'

- items of general community interest, local events, photos, etc.

**E-mail:** Join Abbey People's email list for occasional mail-outs and future newsletters by e-mailing: [Keith@abbeypeople.org.uk](mailto:Keith@abbeypeople.org.uk)

**Leaflet racks:** at Barnwell Road Library, East Barnwell Community Centre, Abbey Meadows Community Wing and other community buildings

**Abbey Community Notice Boards:** at Barnwell Road & Ditton Lane shops, Peverel Road and Dudley Road recreation grounds and Abbey Meadows School (Rawlyn Road entrance).

Drop in posters or leaflets to Keith at East Barnwell Community Centre.

Marshall

This newsletter is published by Abbey People. The information is as accurate as far as possible. We acknowledge the funding we have received from Cambridge City Council and Marshall of Cambridge.



# ABBHEY PEOPLE

WORKING TOGETHER FOR A BETTER COMMUNITY

Contact: Abbey People, c/o East Barnwell Community Centre,  
Newmarket Road, Cambridge, CB5 8RS.

Tel. (01223) 517259 Email: [keith@abbeypeople.org.uk](mailto:keith@abbeypeople.org.uk)  
[www.abbeypeople.org.uk](http://www.abbeypeople.org.uk)

## Abbey Community News—Autumn 2013

It has been an interesting and busy few months since the inaugural Abbey People meeting back on 11th March which was held at the Dublin Suite, Cambridge United. I haven't got the room here to highlight everything, but we will give a detailed report at the next of our open meetings—see below.

It has been exciting to be part of the journey thus far. We know there is still much more to come, and would dearly love for you to join us as well. But not just join us—we want YOU to help shape the 'what next?' for Abbey, so please do get involved and talk to us. Hope to see you on 7th.

Stuart



### Monday 7<sup>th</sup> October: Abbey People's Open meeting

At Barnwell Baptist Church, Howard Road, starting at 7.30pm.

For all Abbey residents and those working in the community to help shape events for the coming year and beyond. Bring your ideas.

Meet the Abbey People Trustees: -

Stuart Wood (Chair), Dave Monck (Vice-Chair), Roger Williams, Leigh Roberts, Wendy Lansdown, Lewis Prime, Liam Coakley & Liz Morris

More details from Stuart: 07770 792 371 or [Stuart@abbeypeople.org.uk](mailto:Stuart@abbeypeople.org.uk)

## COMMUNITY EVENTS

Reports about recent 'Abbey People' events can be found on the website:

[www.abbeypeople.org.uk](http://www.abbeypeople.org.uk)

Here we highlight some of the activities going on in the area over the next few months—but to find out how you can keep up to date, look at the back page.

WE ARE  
MACMILLAN.  
CANCER SUPPORT

**Barnwell Baptist Church**  
**Friday 27<sup>th</sup> September**  
**World's Biggest Coffee Morning** (9.30-11.30am)  
 Come along and enjoy a cup of tea/coffee and some cake and support this worthy cause.

And/or in the evening join us for another of our **Community Quiz Nights** (7.30pm) - entry is £5 per person—come along as a team of between 4 and 6, or come and join a team on the night. All proceeds will go to Macmillan Cancer Support.

**Barnwell Baptist Church**  
**Golden Years Over 60's Group**  
**NOW WEEKLY!**  
**Monday's from 2pm**

1st Monday/month—regular club  
 2nd Monday/month—Board Games  
 3rd Monday/month—Tea Break  
 4th Monday/month—Ping Pong  
 5th Monday/month—Outing!

All welcome at any or all of these groups.

More information from:  
 Stuart on C. 292454  
[Stuart@barnwellbaptistchurch.org.uk](mailto:Stuart@barnwellbaptistchurch.org.uk)

**Saturday 12<sup>th</sup> October**  
**Ditton Fields Day**

Community clean up day involving local churches, City Council housing, recycling department, police team.

Local residents will receive details through their letterboxes nearer the time—keep an eye open and get in touch!

**City Council East Area Committee**  
**Thursday 17<sup>th</sup> October**  
**Starts 7.00pm** Tea & coffee provided

Decisions are made about the Abbey ward and funding for community and environmental projects at these open meetings for residents.

Councillors from Coleridge, Romsey, Petersfield and Abbey wards attend. Open Forum for residents to ask questions.

Meetings may have returned to Cherry Trees Day Centre, St. Matthews St, CB1 2LT.

Check with Democratic Services on 01223 457013  
[democratic.services@cambridge.gov.uk](mailto:democratic.services@cambridge.gov.uk)

Agendas, details, etc:  
<http://democracy.cambridge.gov.uk>

**Cambridgeshire Celebrates Age (CCA)**  
[www.cambscelebratesage.org.uk](http://www.cambscelebratesage.org.uk)

Programme of events running through October available from community buildings.

**CAMBRIDGE HARMONY**  
 Every Monday 7.30 – 10pm  
 Christ the Redeemer Church  
 Newmarket Road,

A fun, friendly, all-female a capella group who sing in four-part harmony 'barbershop style' – all kinds of tunes from old favourites to recent hits. Come and try one of the hottest hobbies for women!

No singing experience or music-reading ability required and all ages and voice ranges welcome.

More information from Jan White on [jcw22@cam.ac.uk](mailto:jcw22@cam.ac.uk)

**Cambridge United Seniors Lunch**  
**The Dublin Suite**  
 Thursday 3rd October  
 Thursday 7th November  
 11.30am for 12noon lunch



2 courses, tea/coffee and bingo—£5

To book, contact: -  
 Andy Evans on 07769 217871

**Date for the Diary**  
 Abbey Christmas Tree Lights Switch-on event: -  
**Thursday 12th December at 6pm**

**Reccy at Jack Warren Green**  
**10<sup>th</sup> September to 22<sup>nd</sup> October**  
*Every Tuesday 3.30 – 5.30pm*



**Free activities for children & young people.** Just turn up and join in with sports, games, arts & crafts

For more details contact: -  
 ChYpPS—C. 457873  
[chypps@cambridge.gov.uk](mailto:chypps@cambridge.gov.uk)  
 Website [www.cambridge.gov.uk/chypps](http://www.cambridge.gov.uk/chypps)  
 Facebook: [www.facebook.com/chypps](http://www.facebook.com/chypps)

**Carers Away Day**  
**Friday 11<sup>th</sup> October**  
**10 am to 3.30 pm**

The Holiday Inn Lakeview, Bridge Way, Histon, Cambs CB24 9PH

Do **you** provide unpaid care and support to a family member or friend?

**Morning:** expert speakers hosting informal discussions

**Afternoon:** Hand & neck massage, Music Therapy, Art, Swimming/Aqua Fit, Gym, Pedicure/toe nail paint, Pilates/Yoga

**Refreshments** served all day and a buffet lunch.

There may be support for you to attend the event so please ask for any assistance you might need to come.

To book contact: -  
 Nancy Voak  
 Tel: 01480 373282  
[nancy.voak@cambridgeshire.gov.uk](mailto:nancy.voak@cambridgeshire.gov.uk)