

# Abbey Works

## Health & Employment Hub

### Purpose

The Abbey Works Health & Employment Hub provides a person-centred approach to the delivery of employment and wellbeing support to people who are out of work due to (long term) health conditions.

We want to help people to find 'meaningful' activity that helps them fulfil their potential and ideally helps them move out of poverty, not just the first job they can get now.

The kinds of things people may get involved in are: work experience opportunities, onward referrals and signposting to existing services and offers, taster sessions with employers, exposing people to different career paths, exposure to education opportunities. We are not employment specialists or advisors and are not trying to be. What we are great at is coming alongside people on their journey and connecting people to relevant organisations and services.

This is a pilot project running until 31<sup>st</sup> March 2025.

### The role of the Link Worker

- gives people time to talk about their circumstances and concerns and build a rapport with the Link Worker
- takes a holistic approach to health and wellbeing
- uses motivation interviewing and coaching techniques
- encourages people to take steps to improve their wellbeing, skills and confidence by connecting them with community, voluntary and statutory services and activities
- works closely with and supports local community groups and charities
- supports people with making a plan to address their concerns with regards to a return to paid employment that fits with their long-term health and social needs
- reduces health inequalities

### Types of people the Link Worker can support (not limited to)

- UC claimants who have provided a first sick note (>28 days), are awaiting a work capability assessment and are likely to have a health condition
- UC/ESA claimants with one or more long term conditions, on limited capability to work (or work-related activities) who no longer have regular contact with work coaches
- People who are recently or long-term unemployed who show willingness/interest in becoming more active
- People with mental health problems who are completing treatment and getting ready to return to work
- People with physical disability who are no longer able to do a physical job but would be open to retrain to access other work sectors

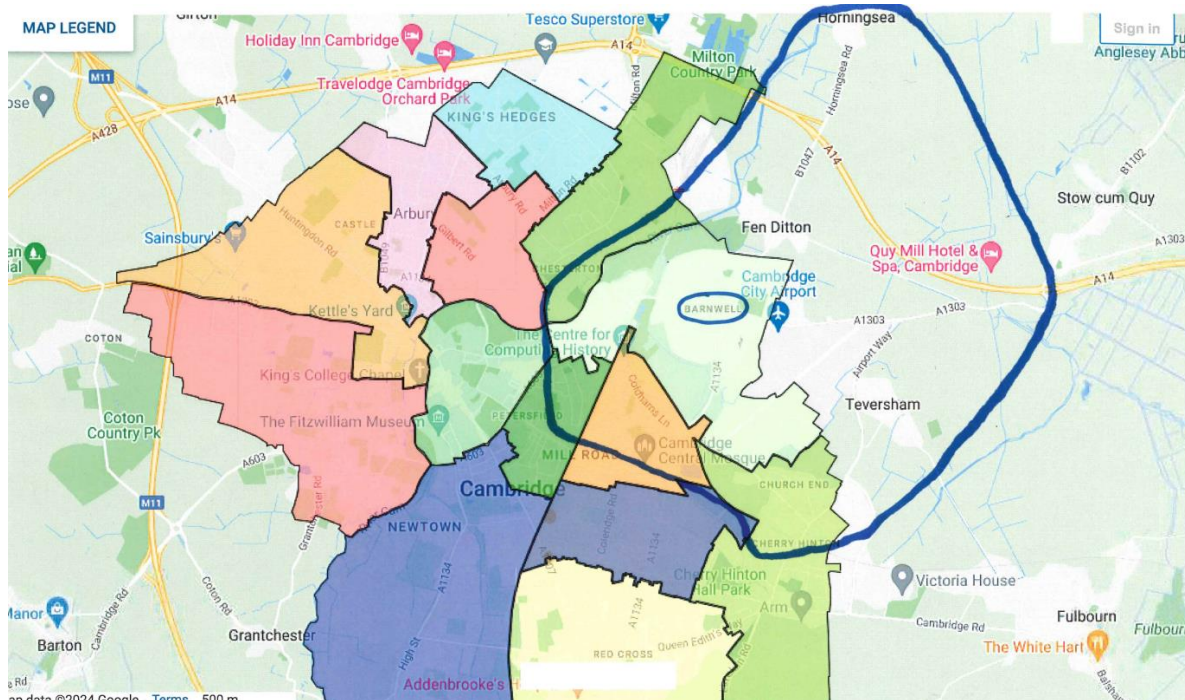
Please discuss with the Link Worker before making a referral

- people with addictions
- people with severe mental health conditions and/or suicidal ideation
- people with complex social issues affecting their ability to work

## Area covered:

Abbey and surrounding areas - CB5 postcodes, CB1 3xx and CB1 9xx (north of Cherry Hinton, Teversham, north of Romsey and Petersfield), some of CB25 9xx (northeast of Barnwell).

Must be able to commute to Abbey People at 15 Barnwell Road CB5 8RG.



## Contact

To submit a referral please use the Joy referral form

<https://services.thejoyapp.com/en/listings/19034>

or for any further information please contact:

Maria Carvalho

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