

Volunteer Role: Food Hub Session Volunteer

The Food Hub is three times a week. We need volunteers to help before, during and after the sessions.

Opening hours

Monday 1-2:30pm Wednesday 3:30-5:30pm Saturday 11-12pm

What can the role involve?

- Helping to set up before the Food Hub session. This includes weighing any food donations, checking the food is safe to give out and setting up the food stations.
- During the session, responsibilities include serving food to visitors, chatting with them and making the Session Lead aware of any further support visitors may need.
- Being on the Pantry checkout: using simple technology e.g. tablet and card reader to take payments and using a computer to track attendance of Pantry members
- After the session: helping to clear away - putting away any fruit and veg that needs to be stored in the fridge until the next session and discarding of any food that will not be safe to keep until the next session. Packing away other food into crates, cleaning and disinfecting surfaces and helping to sweep and mop the floor.



This role is incredibly flexible, and we can adjust it to your needs e.g. for anyone with anxiety, you can come help set up before we open to the public or for anyone who can't do much heavy lifting, you can sit at our welcome desk and chat to people as they wait to come in.

What skills do I need?

- Ability to positively interact with people- both volunteers and visitors to the Food Hub.
- Able to effectively delegate tasks to other volunteers.
- Literacy skills to be able to follow instructions and complete Session Log.
- Happy to work with a phone, tablet and computer during the sessions (we provide all these).
- It's helpful if you're able to lift crates of food, but this is not essential.

How much time will I need to give?

Very flexible, shifts can range from 1 hour to 3.5 hours. And it's very flexible in terms of how often you volunteer – from weekly to every so often.

Is there any training and support available?

- Induction to the Food Hub, including basic food hygiene

- Food Hygiene Level 2 training is available for regular volunteers
- Support each session from your Session Lead
- Support from the Abbey People staff team

Young volunteers: we can accommodate young volunteers at the Food Hub. Under 16s will need to be accompanied by a responsible adult.

Without our team of incredible and dedicated volunteers, the Food Hub would not still be here. Come join our friendly team, get to know the local community whilst providing a service that so many depend on.

If you'd like to find out more about this opportunity, please do complete our [volunteer sign-up form](#) or email volunteers@abbeypeople.org.uk

